Instructor: Phil Kelly – 145A Richards Building - 422-3130 - email: phil_kelly@byu.edu

Course Definition:
For the purpose of this class, outdoor recreation is defined as any activity pursued outdoors or indoors involving knowledge, use, or appreciation of natural resources and that recreates an individual physically, psychologically, emotionally, spiritually, and socially.

Program Learning Outcomes:
1. Demonstrate excellence in analytical thought through oral and written communication.
2. Utilize philosophies and theories of recreation management to guide professional practice.
3. Communicate enhanced spirituality, character, and respect for diversity.

Course Specific Learning Outcomes:
1. Experience and learn basic outdoor techniques through participation in course activities.
2. Learn and apply fundamental outdoor ethics (Leave No Trace).
3. Review fundamental safety skills related to common practices in outdoor recreation.
4. Reflect on the impact of God’s creations in your life and your feelings about this beautiful world He has given us.

Course Activities and Lectures:
1. Biking
2. Camping
3. Canoeing
4. Hiking
5. Kayaking
6. Outdoor Ethics/Safety
7. Rock Climbing
8. Team Building

Textbook:
Class web page, handouts, and assigned Internet readings will provide the requisite information.

Field Trips:
The experiential nature of course instruction requires that most activities take place away from campus. Students will be asked to meet at the starting location for these activities. Some activities will take place outside the regularly scheduled class time.

Assignments:
1. Attendance:
   a. Each class period is worth 6 points. Each student must accumulate at least 36 attendance points. Students are expected to be on time for each class, and remain the entire class period. Students coming late or leaving early will lose partial attendance points.

   b. A three-paper research paper on a missed activity can be submitted by the last day of class to make-up 6 attendance points if needed. At least one reference source must be cited.
2. Leave No Trace:
Each student will need to review each of the seven leave no trace principles found on the LNT web page at: int.org/learn/7-principles  Be sure to click the title link for each principle to read all of the available information. Two test questions with answers – in short answer format – must be submitted for each of the seven principles. This assignment is due October 4 and is worth 14 points. One point will be deducted from each set of Q&A’s for each day late.

3. Outdoor Safety:
Each student is required to read the selected article(s) for the following topics: blisters, dehydration, water purity, weather safety, altitude illnesses, avalanche safety, clothing layering, & hypothermia. Three test questions with answers – in short answer format – must be submitted for each topic. The first four topics are due September 13 and the last four topics are due September 27. Each set of Q & A’s is worth 3 points for a total of 24 points. One point will be deducted from each set of Q&A’s for each day late. Selected articles are found under the “notes” link on the class web page.

4. Reflection Paper:
Spend some time pondering the impact of God’s creations in your life and your feelings about this beautiful world He has given us. Then write a one-page reflection paper. This paper will be worth 7 points and is due October 18.

5. Exam:
Each student will be required to take an examination that will cover information from selected class lectures, videos, and class web page notes. This exam will be worth 45 points.

Note: All writing assignments must be submitted via email to the instructor as an attached word document. Answers for the Leave No Trace and Outdoor Safety assignments must be accurate and in short answer format – at least two sentences are required (preferably three or four.) Answers must be in your own words – copying and pasting answers is considered plagiarism. Papers (reflection/research) can be double spaced with a 12 point or smaller font size. Please check your written assignments for spelling and grammatical errors before submission.

Grading Procedure:
To pass this course, an overall score of 101 points is required. Minimum scores of 75% for attendance and 60% for the exam and writing assignments are also required to pass this class.

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<thead>
<tr>
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<th>Points Possible</th>
<th>Minimum Score</th>
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<tbody>
<tr>
<td>Attendance</td>
<td>48 points</td>
<td>36 points (75%)</td>
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<tr>
<td>Writing Assignments</td>
<td>45 points</td>
<td>27 points (60%)</td>
</tr>
<tr>
<td>Exam</td>
<td>45 points</td>
<td>27 points (60%)</td>
</tr>
<tr>
<td>Overall Score</td>
<td>138 points</td>
<td>*101 points</td>
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*The minimum score in each of the three grading areas will not accumulate enough points to reach the required 101 points to pass this course.
Important Information:
1. The course outline, schedule and lecture notes are available on the class web page at:  
   pkreem123.byu.edu

2. Classes are subject to change due to weather, scheduling of facilities, etc. Changes in the  
   schedule as well as information about each activity will be sent via e-mail to each class  
   member.

3. BYU Outdoors Unlimited has quality gear for available for a discounted rental fee for  
   scheduled class activities.

4. Field trip insurance from the Risk Management and Safety department will be purchased for  
   each activity. This insurance is a secondary insurance and has no deductible. The field trip  
   insurance has a maximum benefit of $2,500.00.

5. To gain the most from this course students should strive to involve themselves, to the  
   maximum, in each activity. This course is about doing and experiencing wholesome outdoor  
   recreation activities and developing a desire to try new activities. It is the instructor's hope  
   that you will have fun with this course and discover something new about yourself.  
   “Only those who will risk going too far can possibly find out how far one can go.”  T.S. Eliot

Honor Code Standards
In keeping with the principles of the BYU Honor Code, students are expected to be honest in all  
of their academic work. Academic honesty means, most fundamentally, that any work you  
present as your own must in fact be your own work and not that of another. Violations of this  
principle may result in a failing grade in the course and additional disciplinary action by the  
university.

Students are also expected to adhere to the Dress and Grooming Standards. Adherence  
demonstrates respect for yourself and others and ensures an effective learning and working  
environment. It is the university’s expectation, and my own expectation in class, that each  
student will abide by all Honor Code standards.

Preventing & Responding to Sexual Misconduct
In accordance with Title IX of the Education Amendments of 1972, Brigham Young University  
prohibits unlawful sex discrimination against any participant in its education programs or  
activities. The university also prohibits sexual harassment—including sexual violence—  
committed by or against students, university employees, and visitors to campus. As outlined in  
university policy, sexual harassment, dating violence, domestic violence, sexual assault, and  
stalking are considered forms of "Sexual Misconduct" prohibited by the university.

University policy requires all university employees in a teaching, managerial, or supervisory role  
to report all incidents of Sexual Misconduct that come to their attention in any way, including  
but not limited to face-to-face conversations, a written class assignment or paper, class  
discussion, email, text, or social media post. Incidents of Sexual Misconduct should be reported  
to the Title IX Coordinator at t9coordinator@byu.edu or (801) 422-8692.
**Students with Disabilities**
If you have a disability that may affect your performance in this course, you should get in touch with University Accessibility Center (2170 WSC). This office can evaluate your disability and assist the professor in arranging for reasonable accommodations.

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### Introduction to Outdoor Recreation – ExDM 123
Course Schedule • Fall 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Notes</th>
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<tbody>
<tr>
<td>September</td>
<td></td>
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<tr>
<td>6</td>
<td>Team Building</td>
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<tr>
<td>13</td>
<td>-Safety #1 Kayaking</td>
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<tr>
<td>20</td>
<td>Mountain Biking</td>
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<tr>
<td>27</td>
<td>-Safety #2 Canoeing</td>
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<tr>
<td>October</td>
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<tr>
<td>4</td>
<td>- Leave No Trace Ethics &amp; Safety</td>
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<tr>
<td>12-13</td>
<td>Capitol Reef Trip</td>
<td>Fri-Sat</td>
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<tr>
<td>18</td>
<td>-Reflection Paper Rock Climbing</td>
<td>$10 Fee</td>
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<tr>
<td>25</td>
<td>Outdoor Cookout</td>
<td>Lecture Exam</td>
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