Instructor: Phil Kelly – 145A Richards Building - 422-3130 - email: phil_kelly@byu.edu

Course Definition:
For the purpose of this class, outdoor recreation is defined as any activity pursued outdoors or indoors involving knowledge, use, or appreciation of natural resources and that recreates an individual physically, psychologically, emotionally, spiritually, and socially.

Program Learning Outcomes:
1. Demonstrate excellence in analytical thought through oral and written communication.
2. Utilize philosophies and theories of recreation management to guide professional practice.
3. Communicate enhanced spirituality, character, and respect for diversity.

Course Specific Learning Outcomes:
1. Experience and learn basic outdoor techniques through participation in course activities.
2. Learn and apply fundamental outdoor ethics (Leave No Trace).
3. Review fundamental safety skills related to common practices in outdoor recreation.
4. Reflect on the impact of God’s creations in your life and your feelings about this beautiful world He has given us.

Course Activities and Lectures:
1. Biking
2. Camping
3. Canoeing/Kayaking
4. Dutch Oven Cooking
5. Hiking
6. Outdoor Ethics/Safety
7. Rock Climbing
8. Team Building

Textbook:
Class web page, handouts, and assigned Internet readings will provide the requisite information.

Field Trips:
The experiential nature of course instruction requires that most activities take place away from campus. Students will be asked to meet at the starting location for these activities. Some activities will take place outside the regularly scheduled class time.

Assignments:
1. Attendance:
   a. Each class period is worth 6 points. Each student must accumulate at least 36 attendance points. Students are expected to be on time for each class, and remain the entire class period. Students coming late or leaving early will lose partial attendance points.

   b. A three-paper research paper on a missed activity can be submitted by the last day of class to make-up 6 attendance points if needed. At least one reference source must be cited.
2. Leave No Trace:
Each student will need to review each of the seven leave no trace principles found on the LNT web page at: lnt.org/learn/7-principles Be sure to click the title link for each principle to read all of the available information. Two test questions with answers – in short answer format – must be submitted for each of the seven principles. This assignment is due October 5 and is worth 14 points. One point will be deducted from each set of Q&A’s for each day late.

3. Outdoor Safety:
Each student is required to read the *selected article(s) for the following topics: blisters, dehydration, water purity, weather safety, altitude illnesses, avalanche safety, clothing layering, & hypothermia. Three test questions with answers – in short answer format – must be submitted for each topic. The first four topics are due September 14 and the last four topics are due September 28. Each set of Q & A’s is worth 3 points for a total of 24 points. One point will be deducted from each set of Q&A’s for each day late. Selected articles are found under the “notes” link on the class web page.

4. Reflection Paper:
Spend some time pondering the impact of God’s creations in your life and your feelings about this beautiful world He has given us. Then write a one-page reflection paper. This paper will be worth 7 points and is due October 19.

5. Exam:
Each student will be required to take an examination that will cover information from selected class lectures, videos, and class web page notes. This exam will be worth 45 points.

Note: All writing assignments must be submitted via email to the instructor as an attached word document. Answers for the Leave No Trace and Outdoor Safety assignments must be accurate and in short answer format – at least two sentences are required (preferably three or four.) Answers must be in your own words – copying and pasting answers is considered plagiarism. Papers (reflection/research) can be double spaced with a 12 point or smaller font size. Please check your written assignments for spelling and grammatical errors before submission.

Grading Procedure:
To pass this course, an overall score of 101 points is required. Minimum scores of 75% for attendance and 60% for the exam and writing assignments are also required to pass this class.

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<tr>
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<th>Points Possible</th>
<th>Minimum Score</th>
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<tbody>
<tr>
<td>Attendance</td>
<td>48 points</td>
<td>36 points (75%)</td>
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<tr>
<td>Writing Assignments</td>
<td>45 points</td>
<td>27 points (60%)</td>
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<tr>
<td>Exam</td>
<td>45 points</td>
<td>27 points (60%)</td>
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<tr>
<td>Overall Score</td>
<td>138 points</td>
<td>*101 points</td>
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*The minimum score in each of the three grading areas will not accumulate enough points to reach the required 101 points to pass this course.
**Important Information:**

1. The course outline, schedule and lecture notes are available on the class web page at: pkrecm123.byu.edu/

2. Classes are subject to change due to weather, scheduling of facilities, etc. Changes in the schedule as well as information about each activity will be sent via e-mail to each class member.

3. The Recreation Department has an agreement with BYU Outdoors Unlimited for students that may need to check out equipment for specific class activities. A discounted rental fee will be charged when using this equipment for scheduled class activities.

4. Field trip insurance from the Risk Management and Safety department will be purchased for each activity. This insurance is a secondary insurance and has no deductible. The field trip insurance has a maximum benefit of $2,500.00.

5. To gain the most from this course students should strive to involve themselves, to the maximum, in each activity. This course is about doing and experiencing wholesome outdoor recreation activities and developing a desire to try new activities. It is the instructor's hope that you will have fun with this course and discover something new about yourself.

   "Only those who will risk going too far can possibly find out how far one can go."  T.S. Eliot

**Honor Code Standards**

In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact be your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university.

Students are also expected to adhere to the Dress and Grooming Standards. Adherence demonstrates respect for yourself and others and ensures an effective learning and working environment. It is the university’s expectation, and my own expectation in class, that each student will abide by all Honor Code standards.

**Preventing Sexual Discrimination or Harassment**

Sexual discrimination or harassment (including student-to-student harassment) is prohibited both by the law and by Brigham Young University policy. If you feel you are being subjected to sexual discrimination or harassment, please report your complaint to the BYU Title IX Office (1085 WSC) or with the BYU Equal Opportunity Office (D-282 ASB).

**Students with Disabilities**

If you have a disability that may affect your performance in this course, you should get in touch with University Accessibility Center (2170 WSC). This office can evaluate your disability and assist the professor in arranging for reasonable accommodations.
## Introduction to Outdoor Recreation – ExDM 123
### Course Schedule • Fall 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Notes</th>
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<tbody>
<tr>
<td><strong>September</strong></td>
<td></td>
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<tr>
<td>7</td>
<td>Team Building</td>
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<tr>
<td>14</td>
<td>-Safety #1 Canoe/Kayak</td>
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<tr>
<td>21</td>
<td>Hiking</td>
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<tr>
<td>28</td>
<td>-Safety #2 Mountain Biking</td>
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<tr>
<td><strong>October</strong></td>
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<tr>
<td>5</td>
<td>- Leave No Trace Ethics &amp; Safety</td>
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<tr>
<td>13-14</td>
<td>Capitol Reef Trip Fri-Sat</td>
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<tr>
<td>19</td>
<td>-Reflection Paper Rock Climbing</td>
<td>$8 Fee</td>
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<tr>
<td>26</td>
<td>Dutch Oven Cookout Lecture Exam</td>
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